

**Forsyth County Aging Services
Planning Committee
November 18, 2016**

Attending: Diane Wimmer, DSS Debbie McCauley, GAST Leader
 Kristen Perry, Senior Services Ruth Woosley, Shepherd’s Center
 Sarah Arthur, Public Health Paul Lawrence, HCCBG
 Hank Kennedy, DSS Ann Roberts, DSS
 Sam Matthews, Shepherd’s Center Althea Taylor-Jones, STHL
 Helen Mack, AARP Mark Steele, The Adaptables
 Lee Covington, Senior Services Candace Price, Consumer
 Selene Teague, Mtn Valley Hospice Karen Appert, Caregiver
 Coley Rimmer, Minister Fran Braun, HCCBG
 Joanne Otuonye, Guilford Cty DSS Alethea Greer, Consumer

<p>Diane Wimmer, DSS</p>	<p>Diane opened the meeting with general introductions until the guest speaker arrived. Many of the attendees arrived later than normal due to an accident on Business 40 near Exit 7 (5th Street) which created an extensive backup on the highway.</p>
<p>Debbie McCauley, GAST Leader</p>	<p>Debbie McCauley gave a brief background on the structure of the organization as a lead into her presentation on the changes related to and employed for provision of mental health services through GAST (Geriatric Adult Specialty Teams).</p> <p>The teams are comprised of three individuals who are contracted out to perform the services including DHSR approved CEUs which were listed on one of the handouts provided. The organization, Therapeutic Alternatives, Inc., is funded by HHS with a set budget each year.</p> <p>One of the more significant changes, is that the groups no longer focus on long term environments, but are directing their efforts toward community service provision. This allows the teams to speak with support groups. After a recent meeting at the Shepherd’s Center of Kernersville, a gentleman reported that his plan was to end his life, but during the meeting, he changed his mind.</p> <p>The programs can now be tweaked to site specific needs and although the modules are structured, they are allowed to expand, rather than repeating the training for medication techs, CNAs, and long term care</p>

	<p>units. The team no longer provides meetings with families in their home, but they can provide an office environment through the use of the facilities such as congregational locations. These programs are presented to address one of the greatest needs, which is caregiver burnout. Debbie noted that they are scheduling one-year out for these trainings.</p> <p>Cardinal Innovations Healthcare teams must have upper level educated individuals in their fields. Ms. McCauley who is the team leader, also has a RN and MHQP members. These members are allowed to give classes in their area of specialties such as the RN who may give classes on medication. An example of her class would be the “Do No Harm” which is related to psychotropic medication.</p> <p>Ms. McCauley noted that their program does not charge for services, however, they are not currently training staff in housing shelters or schools. They will also speak with any group during the normal operating hours of 8am - 5pm, Monday through Friday. In answer to a question from the group she stated that they may get the legal system involved. She reiterated that the teams are not identical, but most have a liaison to help coordinate scheduling. She concluded her presentation with the link to the website: mytahome.com.</p>
<p>Kristen Perry, Senior Services</p>	<p>The testing for the community survey of seniors for the Aging Matters initiative was completed using 32 calls to establish the 30 minute conversation goals. The actual survey calls will be made using the Caller-ID of Forsyth Aging. The process of the survey includes 5 call-backs to complete the survey and they will contact 1000 individuals throughout the county. The survey will be completed when they meet their 1000 individual goals.</p> <p>The Community Research committee will establish teams for the focused topics meetings in the area during the month of March (13-14-15), and the report will be rolled out in May of 2017.</p>
<p>Ruth Woosley, Shepherd’s Center</p>	<p>The Shepherd’s Center of Kernersville hosted an impromptu Thanksgiving appreciation event. The dental clinics have completed, and some dental professionals have agreed to see patients in their offices for the next year.</p>

<p>Sara Arthur, Public Health</p>	<p>The Public Health Department will be starting their diabetes program in January.</p>
<p>Paul Lawrence, HCCBG</p>	<p>Paul did not have an update. He did mention a dementia friendly live theatre performance he read about that was held in Scotland. He thought that the WSSU School of the Arts may be able to complete a similar project and asked Dr. Taylor-Jones if she could contact them to see if they would consider creating this type of event. Dr. Taylor-Jones said she would certainly put the information in the appropriate ears.</p>
<p>Hank Kennedy, DSS</p>	<p>Hank said that the planning committee for World Abuse Day will be meeting on December 1st, at 10:00 am at the PTRC.</p>
<p>Ann Roberts, DSS</p>	<p>Ann said that an additional social worker and supervisor will be coming on board in the Guardianship unit. The Unitarian Church will also be hosting a clothes closet on Saturday, 11/19/2016.</p>
<p>Sam Matthews, Shepherd's Center Winston-Salem</p>	<p>Clinics for open enrollment Medicare coverage have been going on since October. They will be hosting a clinic in Kernersville on 11/22/2016. Highland Presbyterian Church will be showing, "Being Mortal" with a 4 member panel for discussion. He noted that Medicare reimbursement is minimal for physicians to have end of life conversations. They are working with several residents at Winston Summit Apts to deal with bed bugs, water damage and potential issues of tenant rights violation. The situation was brought to the Mayor's attention and other city representatives from Housing were invited to the last Senior Power Think Tank meeting. Issue still not resolved.</p>
<p>Althea Taylor-Jones, Sr. Tarheel Legislature</p>	<p>A 2017 Fact Sheet handout was provided for the advocacy priorities. She spoke about the increase in funding for the HCCBG and restoring the funding to a 'recurring' allotment, rather than non-recurring. She recommends getting supporters to use petitions to encourage legislative members to hear their voices.</p>
<p>Helen Mack, AARP</p>	<p>Helen reminded everyone that November is CareGiver Month. She encouraged everyone to take advantage of the online resources available through AARP.</p>

<p>Mark Steele, The Adaptables</p>	<p>The Adaptables have moved to a new location at 7744 North Point Boulevard. They will be having an open house on December 9th .</p>
<p>Lee Covington, Senior Services</p>	<p>Lee reminded everyone to send their events to the Community Calendar for posting. Senior Services is partnering with Piedmont Federal Savings to provide comfort and care items to the elderly. Donations can be dropped off to Senior Services or any Piedmont Federal location in the Triad. Just look for the big red box. There was a one-woman show at the Tab Williams Center as part of their outreach efforts. Almost 400 people attended the event with the proceeds going to fund scholarships.</p>
<p>Selena Teague, Mountain Valley Hospice</p>	<p>November is National Hospice Month. In November they also honor veterans through various celebrations. They are establishing an Advance Directive workshop in Forsyth County. A six bed Hospice Home is being built in Yadkin County and should open in March-April of 2017.</p>
<p>Karen Appert, Caregiver</p>	<p>Karen is working with the Southern Gerontological Society. Their annual meeting will be held April 6th - 9th, 2017 in Asheville, NC. She encouraged everyone to attend.</p>
<p>Diane Wimmer, DSS</p>	<p>Diane mentioned that training for the social workers regarding dual eligibility with Part C was being considered. Sam indicated that this type of enrollment is not recommended for medicare participants. Diane said they will review the need for the training.</p>
<p>Althea Taylor-Jones STHL</p>	<p>Alethea introduced Coley Rimmer, new pastoral minister at Glenn View Baptist Church. Alethea said that she was thrilled to have her on board as she was aware of the needs of the congregation for education related to aging matters. She also asked the committee for suggestions related to an assisted living resident's desire to safely store her cash in her room. Ann suggested a small book with an empty section that the resident could put in her purse and carry with her.</p>
<p>Fran Braun, HCCBG</p>	<p>Fran is working on a Dementia Friendly Winston-Salem project which is designed to maximize life with a caregiver focus. Medicare would pay the consultation fee for Alzheimer's/Dementia care plan. This is</p>

	being made possible through the Hope Act and should be available in 2017.